

Spotting Mental Health Red Flags



Course Overview

Everyone experiences mental health problems. In this course, you will explore what mental health is, some of the more common mental health conditions, and mental health at work. By the end of this course, you will be able to understand mental health in a workplace context.

Key Learning Points

- Understand the importance of spotting mental health red flags.
- Understand the importance of a pro mental health workplace.
- Be able to recognise common mental health red flags.

Learn More

Technical Requirements

Guide Pricing

1+ Licenses £29 per learner

11+ Licenses £25 per learner

21+ Licenses £20 per learner

51+ Licenses £15 per learner

101+ Licenses £10 per learner

*guide prices are per learner,
per year

For 150+ learners, please contact us for a quote by telephone or email:

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