

## Stress in Your Team Challenge

How is your team managing their stress? Find out what managers can do to help them



### Course Overview

More than half a million workers in the UK are experiencing work-related stress. As it's an occupational issue, managers and team leaders play a key role in addressing this crisis.

In this course, managers learn how to prevent stress in your teams, how to monitor it and what to do if it happens. The course explores individual and group risk assessments and other tools managers can use to manage stress in their teams.

### Key Learning Points

- How widespread stress is
- The HSE management standards and their relationship to stress
- How to use the Line Manager Competency Tool to tackle stress
- The importance of individual risk assessments
- The importance of group risk assessments

[Learn More](#)

[Technical Requirements](#)

### Guide Pricing

1+ Licenses	£29 per learner
11+ Licenses	£25 per learner
21+ Licenses	£20 per learner
51+ Licenses	£15 per learner
101+ Licenses	£10 per learner
*guide prices are per learner, per year	

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### Great Value Package

You can buy this course on its own or for greater value why not buy the full package of Health and Safety Training courses?

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